

PSHE LTP

YEAR	TERM					
	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
Year 7	Emotional Literacy – What does it mean? Feelings and emotions Anti-Bullying, discrimination	British values – What do we mean?	Careers – The Wider World, Awareness of needs of themselves and others, Following rules	British values, Understanding UK parliament and voting, reasons for laws, human rights and responsibility	Healthy Living Positive relationships, boundaries, solving conflicts, personal hygiene, effect of activity on their body, diet, exercise, sleep.	Taking care of the environment, responsibilities First Aid
Year 8	Emotional Literacy – Self-confidence and Self-esteem Diversity, prejudice and discrimination, tolerance, unconscious bias	British Values – Democracy	Careers – Goal setting, aspirations	British Values – Individual Liberty, Freedom for all United Nations Rights of a child	Drugs, smoking and alcohol. Keeping physically and emotionally safe, Online safety, peer pressure	How people’s lives are different due to environment. First Aid
Year 9	Emotional Literacy – Anger management, resolving conflict, positive relationships, tolerance, valuing differences, recognising stereotypes	British values – Mutual Respect	Careers – Money Skills. Where does it come from, keeping track of money, budgeting, needs and wants, links between jobs and money.	British values – Rule of Law	Sex and relationships, making informed choices, managing different feelings. Personal identity.	Community groups and environment. Outdoor cooking